

# Sterofreeze

## Instant pain relief

The freeze spray cools the skin and relieves muscle pain and stiffness caused by cramp, sprains and bruises.

- For instant pain relief
- Cools the skin
- Treat injuries and swelling
- Relieves muscle pain and stiffness
- For use on sprains and bruises



Description	Pack	Ref
Steroplast freeze spray	1	9613

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## Instant Ice Packs

No need to place ice packs in the freezer: Simply squeezing the water sachet inside the ice pack activates them.

- Ideal for emergency pitch-side use
- Ideal to treat: sprains and strains immediately after the injury has happened, the most critical time
- Ice packs are ideal for all sports injuries particularly when there are no first aid facilities close by

### Instant ice in the workplace

- An instant ice pack treats multiple injuries, and helps reduce swelling and bruising, and is perfect for an office or workplace as they don't need to be kept in a fridge



No freezer or pre-cooling required

Description	Pack	Ref
Ice Packs - 24cm x 12cm (short)	1 x 25	9592
Ice Packs - 29cm x 14cm (long)	1 x 20	9630

For complete sports range, please see website for details.

☎ To order call **0161 902 3030**  
 ✉ email [marketing@steroplast.co.uk](mailto:marketing@steroplast.co.uk)  
 🌐 or visit [www.steroplast.co.uk](http://www.steroplast.co.uk)

